

# *Breakfast Menu*

Please help yourself to the following items on the Breakfast Bar:

*Selection of Cereals*  
*Fruit Segments*  
*Prunes*  
*Fresh Fruits*  
*Fruit Juices*  
*Plain Yoghurt with a selection of Fruit Compote*

*Fresh White and Wholemeal Toast will be served at your table along with Fresh Tea and Coffee. Please help yourself to the Handmade Jam or Local Honeycomb on the buffet, and if you prefer please ask your waiter/ess for Hot Water for the selection of Fruit and Herbal Teas.*

Cooked to order, we invite you to try our Cumbrian Breakfast, prepared using the best local produce, including:

*Cumberland Sausage*  
*Grilled Local Bacon*  
*Black Pudding*  
*Grilled Tomato*  
*Fried Egg*  
*Sauté Mushrooms*  
*Potato Scone*

*A Vegetarian Breakfast is available, which includes Heinz Baked Beans and a Vegetarian Sausage as replacements to the meat products. We are also able to cater for Gluten Free requirements on our cooked breakfast if needed.*

The following dishes can also be cooked to order on request:

*Porridge*  
*Freshly Baked Croissants*  
*Scrambled, Boiled or Poached Egg with Toast*  
*Smoked Haddock Poached in Butter and Milk*

January Special...

*Smoked Salmon Scrambled Eggs*

*A decent portion of Scrambled Eggs With Slivers of Smoked Salmon through it topped with a serving of Caviar. Start the day in style!*